

The Feeding Circle

A CLASS FOR QUESTIONS, SUPPORT, AND COMMUNITY.

feedingcirclemfcdc.eventbrite.com

Get ready for your breastfeeding journey with guidance from an **IBCLC**.

**WEDNESDAY,
JULY 1
9:30 AM - 12 PM**

Lunch will be provided!

What to Expect:

- Understand what to expect in the first days after birth
- Tips for breastfeeding success
- Space to ask questions and connect

Perfect for:

- Parents planning to breastfeed or recently started breastfeeding
- **MedStar Family Choice enrollees living in:** 20002, 20003, 20019, 20020, 20024, or 20032

MEDSTAR FAMILY CHOICE
Community Wellness Center
3924 Minnesota Ave NE,
Wash., DC 20019



LOOKING FOR SUPPORT OR UPDATES?

Explore maryscenter.org/hv to find the right programs for you.

Questions? dhadaway@maryscenter.org | 202-607-7866

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