

MedStar Family Choice-DC COVID-19 Utilization Management Updates December 28, 2021

As we recognize the impact of the current surge in COVID-19 cases, MedStar Family Choice thanks our healthcare providers on the front line as well as our healthcare partners who are working to meet the daily health needs of our enrollees.

In our effort to ease the administrative burden and support ongoing quality care to our enrollees, MFC-DC is making several updates related to our utilization management processes for our **District of Columbia** MedStar Family Choice enrollees. These changes are **effective immediately** and will remain in effect through at least February 15, 2022 and may be extended based on circumstances at that time.

Inpatient Acute Stay Authorizations

No 'prior' authorization will be required for admission to in-network acute facilities. Admissions to out-of-network acute facilities resulting from transfers from one acute care facility to another for purposes of load balancing or capacity management do not require prior authorization. For coordination of care purposes, enrollees should be admitted to participating facilities whenever possible. For purposes of claims payment, authorization requirements will be waived for admissions occurring while this policy is in effect. MFC-DC reserves the right to conduct retrospective reviews for purposes of determining medical necessity.

Transfers to Post Acute Care Facilities:

No 'prior' authorization will be required for admission to post-acute facilities. For coordination of care purposes, MFC-DC requests that enrollees are admitted to participating facilities* whenever possible. MFC-DC will honor retrospective requests for medical necessity review and authorization received within 180 days of discharge from the accepting facility. An authorization is still required for claims payment and must be obtained prior to claims submission.

Concurrent Inpatient Reviews:

MFC-DC will not issue denials for failure to submit ongoing concurrent inpatient reviews. Nevertheless, we encourage facilities to submit concurrent reviews as soon as practical to facilitate assistance with discharge planning and post-acute follow up by our case managers. *We continue to encourage facility discharge planners to reach out to their MFC-DC utilization management contacts for assistance in discharge planning or post-acute care coordination, particularly as the need to facilitate discharges is critically important to free inpatient capacity.*



MedStar Family Choice

DISTRICT OF COLUMBIA

Interhospital Transfers

No 'prior' authorization is required for accepting facility admission, related to interhospital transfers.

Remote Patient Monitoring

1. No authorization required for remote patient monitoring in the home. (HCPCS code S9110 or Rev code 0581).

MedStar Family Choice Quick Authorization Guide

Our current 'Quick Authorization Guide' is posted on our website. Our authorization rules have been developed to minimize the administrative burden of utilization management.

Highlights of current authorization guidelines that remain in effect include:

1. No authorization required for procedures conducted by in-network providers at in-network facilities, with few exceptions noted on the Quick Authorization Guide.
2. MFC-DC honors retrospective requests for initial authorization on inpatient admissions when requested within 180 days of discharge.
3. No authorization required for first 6 home health visits provided by our contracted providers*.
4. No authorization required for DME purchase <\$1000.00/month billed charges or first three months of rentals <\$1000.00/month from a contracted vendor*.
5. No authorization required for the first 30 visits for outpatient OT/PT/SLP provided by a contracted provider*.

*Contracted providers and facilities may be found on our website:

www.medstarfamilychoicedc.com

For MFC-DC related Coronavirus updates, please visit:

<https://www.medstarfamilychoicedc.com/enrollees/covid-19-vaccine-and-testing>

**It's how we
treat people.**