

December 29, 2025

**PROVIDER ALERT: Expansion of Maternal Health Program in
Partnership with Cayaba Care**

EFFECTIVE DATE: January 5, 2026

Dear MedStar Family Choice District of Columbia Participating Provider:

Beginning January 5, 2026, MedStar Family Choice DC is expanding its maternity program to deliver comprehensive, person-centered care throughout the pregnancy journey. We are partnering with Cayaba Care to offer personalized, culturally informed, and convenient wrap-around services that support maternal care. This includes care coordination and support, ensuring timely access to prenatal and postpartum care, addressing social needs, and helping enrollees more easily navigate available services.

The program offers the following interventions:

Core Program

The comprehensive wrap around services during the pregnancy consists of:

- 8 Maternity Navigator Visits (4 in person)
- 2 Registered Nurse Visits (virtual)
- 3 Specialist-Led Group Classes (virtual)
- 2 Registered Dietician Visits (virtual)
- 2 Lactation Consultant Visits (virtual)
- Doula Support for Active Labor
- Full Enrollee App Access
- Registered Nurse Support to Monitor Symptoms
- Targeted maternity navigation texts and calls
- Extended postpartum support up to one year

Post-NICU Discharge Home Visiting Program

If the infant has a NICU stay, we have a home visiting program which consists of two additional in-person nurse visits after infant's NICU discharge. In the District of Columbia, the visit is initiated two days after discharge.

This maternity partnership is intended to enhance the support available to enrollees and does not replace MedStar Family Choice DC in-house maternity program. Enrollees will continue to receive care management and oversight through the existing program, with the partnership adds additional resources to improve access, outreach, and timely support, particularly for enrollees with higher or more complex needs. This approach ensures enrollees experience seamless, coordinated maternity care while benefiting from expanded services and support.

Thank you for your continued commitment to supporting our enrollees and their growing families. We remain committed to ensuring safe, high-quality, and coordinated maternity care, and we look forward to continuing this important work together.

Sincerely,

Erica McClaskey, MD
Chief Medical Officer, District of Columbia

For questions concerning this Provider Alert, please contact the MedStar Family Choice DC Provider Customer Service Department, Monday through Friday, 8 a.m. to 5:30 p.m.
Phone: **800-261-3371** or
Email: mfcdc-providerrelations@medstar.net