MedStar Family Choice

HEDIS® Measure

Follow-Up After Hospitalization for Mental Illness (FUH)

Data collection method:
Administrative (Claims)

Measure description:
The percentage of discharges for enrollee 6 years of age and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health provider.

Two rates are reported:

• The percentage of discharges for which the enrollee received follow-up within 30 days after discharge.

• The percentage of discharges for which the enrollee received follow-up within 7 days after discharge.

Numerator compliance:
30-Day Follow-Up - A follow-up visit with a mental health provider within 30 days after discharge. Do not include visits that occur on the date of discharge.
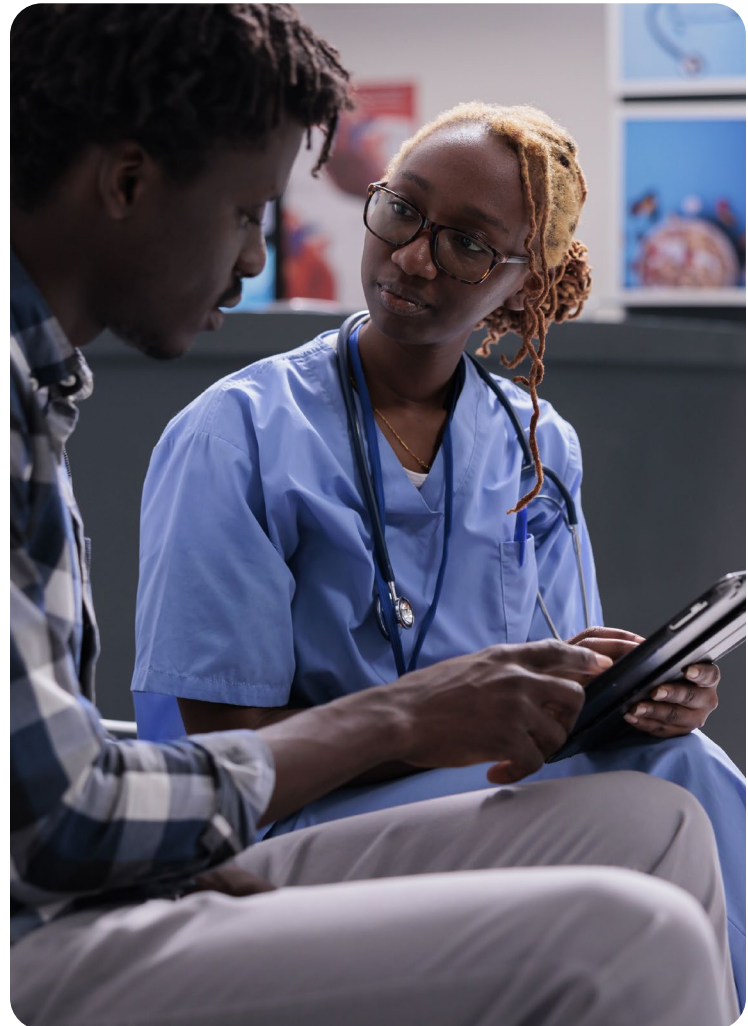
7-Day Follow-Up - A follow-up visit with a mental health provider within 7 days after discharge. Do not include visits that occur on the date of discharge.

For both indicators, any of the following meet criteria for a follow-up visit:

- Outpatient, BH outpatient visit, intensive outpatient encounter, partial hospitalization, community mental health center visit with a mental health provider
- Electroconvulsive therapy
- Telehealth, telephone or transitional care management services with a mental health provider.
- Visit in a behavioral healthcare setting
- Psychiatric collaborative care management

Best practices:
- Assist patient with scheduling an in person or telehealth follow-up visit as soon as possible.
- Discuss the importance of seeking timely, recommended follow-up with a mental health provider.
- Ensure patient and caregivers review and understand discharge instructions and the next steps in their care for follow-up.
- Reach out to patients who cancel appointment and assist them with rescheduling as soon as possible.
- Coordinate care with all involved in the treatment process.
- Use appropriate clinical documentation and correct coding.

Numerator Codes:
There is a large list of approved codes used to identify services included in this measure. For more information see **HEDIS Measures and Technical Resources at NCQA.org**.

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).
NCQA is a private, non-profit organization dedicated to improving health care quality.