

# Pediatric Anxiety Disorders Assessment and Treatment

## Clinical Practice Guideline

### MedStar Health

*"These guidelines are provided to assist physicians and other clinicians in making decisions regarding the care of their patients. They are not a substitute for individual judgment brought to each clinical situation by the patient's primary care provider in collaboration with the patient. As with all clinical reference resources, they reflect the best understanding of the science of medicine at the time of publication but should be used with the clear understanding that continued research may result in new knowledge and recommendations."*

The MedStar Pediatric Ambulatory Best Practice Group accepts and endorses the clinical guideline set forth by the American Academy of Child and Adolescent Psychiatry.

The complete online version of this article/guideline is available at: [Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders](#)

#### Article Citation:

Walter HJ, Bukstein OG, Abright AR, Keable H, Ramtekkar U, Ripperger-Suhler J, Rockhill C. Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders. J Am Acad Child Adolesc Psychiatry. 2020 Oct;59(10):1107-1124. doi: 10.1016/j.jaac.2020.05.005. Epub 2020 May 18. PMID: 32439401.

<b><u>Initial Approval Date and Reviews:</u></b> Endorsed and Effective: 7/2023	<b><u>Most Recent Revision and Approval</u></b> <b><u>Date:</u></b> 7/2023	<b><u>Next Scheduled Review Date:</u></b> May 7/2025 by MedStar Pediatric Ambulatory Best Practice Group Condition: <b>Pediatric Anxiety Disorders</b>
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